



Ruth Schubert

BAppSc Phty

Ruth Schubert is a Physiotherapist with a specialist interest in pelvic health and pelvic pain. She works in private practice at Alana Healthcare for Women, in conjunction with Directors Professor Jason Abbott and Dr Erin Nesbitt-Hawes, where she treats women with complex pelvic pain.

Ruth has a strong belief that the Physiotherapy Profession has an important role to play in helping Women with endometriosis manage their symptoms and achieve their goals.

Ruth is a passionate advocate for raising awareness and promoting research and education around endometriosis.

