



## Jessica Unal



Jessica has experienced painful periods since the age of thirteen, and was formally diagnosed with Endometriosis via laparoscopy in 2005, and then received a further diagnosis of Diaphragmatic/Thoracic Endometriosis in 2012 (after having experienced symptoms since 2004).

Since being diagnosed Jessica has undergone multiple surgeries, and has worked to help other women also battling this disease.

Jessica is an administrator for three Facebook support groups for Endometriosis sufferers. She is the creator of the [Melb Endo Sisters group](#), and she is the admin for both the [Extra Pelvic Not Rare group](#) and the [Thoracic Lung Endo Group](#).

On her experiences with Endometriosis, Jessica has said “since being diagnosed with Endometriosis I have made it my mission to help other Endometriosis sufferers. My proudest and biggest achievement is my local support group for women in Melbourne. I promised myself that if I could do something to help an Endo sister, I would do everything in my power to make sure that no other woman would suffer the way I have.”

Jessica has shared her full story on her battle with Diaphragmatic Endometriosis via our blog, which can be found [here](#).

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